

SEPTEMBER 2011 MENU

ELK CITY MIDDLE SCHOOL, INTERMEDIATE, HIGH SCHOOL

REDUCED PRICE .30 & .40

FULL PRICE 1.25 & 2.00

VISITORS \$2.00 & \$3.00

STAFF \$1.50 & \$2.50

NO CHARGING IS ALLOWED

Reimbursable Choices Available Daily Upon Request:

Line #2	Boxed Salads	Also available upon request	Boxed Sandwiches	Line #3
Fresh Homemade Pizza Pepperoni, Sausage, Supreme, Cheese w/Fresh Fruit, Milk & Juice	Popcorn Chicken, Ham or Turkey w/Lettuce Mix, Cherry Tomatoes Baby Carrots, Shredded Cheese Crackers and Dressing w/Choice of Milk & Juice	Baked Potatoes w/Butter & Sour Cream \$3.00 each	Choice of Ham, Turkey or Peanut Butter & Jelly Sandwich Bag of Chips Cookie & Fruit w/Choice of Milk & Juice	Ala Carte Items Breakfast & Lunch Daily Prices Vary Big Selection of Items

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cereal & Toast or Breakfast Burrito Mixed Fruit Milk or Juice	2 Cereal & Toast or Scrambled Eggs w/Toast Pineapple Chunks Milk or Juice
			Hamburgers or Cheeseburgers Tator Tots Pickle Slices Rice Krispie Treat Milk or Juice	PBJ Sandwich or Ham & Cheese Sandwich Chips Carrots w/Ranch Dip Chocolate Chip Cookie Milk or Juice
5 NO SCHOOL LABOR DAY	6 Cereal & Toast or Donuts Applesauce Milk or Juice	7 Cereal & Toast or Biscuit & Sausage Sliced Peaches Milk or Juice	8 Cereal & Toast or Breakfast Pizza Mixed Fruit Milk or Juice	9 Cereal & Toast or Biscuit & Gravy Pineapple Chunks Milk or Juice
	Burritos Tossed Salad w/Ranch Spanish Rice Mandarin Oranges w/Topping Milk or Juice	Spaghetti Green Beans Breadsticks Fruited Jello Milk or Juice	Hot Dogs with Chili & Cheese Tator Tots Pickle Spears Brownies Milk or Juice	PBJ Sandwich or Turkey & Cheese Sandwich Chips Pickle Spears Sugar Cookies Milk or Juice
12 Cereal & Toast or Waffle Sticks Diced Pears Milk or Juice	13 Cereal & Toast or Cinnamon Rolls Bananas Milk or Juice	14 Cereal & Toast or Biscuit & Sausage Sliced Peaches Milk or Juice	15 Cereal & Toast or Breakfast Burrito Mixed Fruit Milk or Juice	16 Cereal & Toast or Scrambled Eggs w/Toast Pineapple Chunks Milk or Juice
Chicken Nuggets Mashed Potatoes w/Gravy Black-eyed Peas Whole Wheat Roll Milk or Juice	Chicken Fajitas Lettuce & Cheese Cup Pinto Beans Spanish Rice Milk or Juice	Ravioli Green Beans Breadsticks Jello Milk or Juice	Hamburgers or Cheeseburgers French Fries Pickle Slices Rice Krispie Treat Milk or Juice	Grilled Cheese Sandwich Chips Pickle Spears Chocolate Chip Cookie Milk or Juice
19 Cereal & Toast or French Toast Sticks Diced Pears Milk or Juice	20 Cereal & Toast or Donuts Applesauce Milk or Juice	21 Cereal & Toast or Biscuit & Sausage Sliced Peaches Milk or Juice	22 Cereal & Toast or Breakfast Pizza Mixed Fruit Milk or Juice	23 NO SCHOOL PROFESSIONAL DAY
Chicken Fried Steak Mashed Potatoes w/Gravy Mixed Vegetables Whole Wheat Roll Milk or Juice	Frito Chili Pie Cheese Sticks Corn Fresh Oranges Milk or Juice	BBQ Sandwich Baked Beans Chips Pickle Spears Milk or Juice	Hot Dogs with Chili & Cheese Tator Tots Pickle Spears Brownies Milk or Juice	
26 Cereal & Toast or Pancake on a Stick Diced Pears Milk or Juice	27 Cereal & Toast or Cinnamon Rolls Applesauce Milk or Juice	28 Cereal & Toast or Biscuit & Sausage Sliced Peaches Milk or Juice	29 Cereal & Toast or Breakfast Burrito Mixed Fruit Milk or Juice	30 Cereal & Toast or Biscuit & Gravy Pineapple Chunks Milk or Juice
Steak Fingers Mashed Potatoes w/Gravy Whole Wheat Roll Mixed Fruit Milk or Juice	Enchiladas Tossed Salad w/Ranch Pinto Beans Fresh Apples Milk or Juice	Nachos w/Ground Beef Tossed Salad w/Ranch Orange-Pineapple Jello Milk or Juice	Hamburgers or Cheeseburgers French Fries Pickle Slices Rice Krispie Treat Milk or Juice	PBJ Sandwich or Turkey & Cheese Sandwich Chips Carrots w/Ranch Dip Sugar Cookie Milk or Juice

Menu is subject to change.

Questions? Please call the Child Nutrition Office at (580) 225-1326.

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