

# OCTOBER 2011

## ELK CITY MIDDLE SCHOOL, INTERMEDIATE, HIGH SCHOOL

REDUCED PRICE .30 & .40

FULL PRICE 1.25 & 2.00

VISITORS \$2.00 & \$3.00

STAFF \$1.50 & \$2.50

NO CHARGING IS ALLOWED

Reimbursable Choices Available Daily Upon Request:

Line #2	Boxed Salads	Also available upon request	Boxed Sandwiches	Line #3
Fresh Homemade Pizza Pepperoni, Sausage, Supreme, Cheese w/Fresh Fruit, Milk & Juice	Popcorn Chicken, Ham or Turkey w/Lettuce Mix, Cherry Tomatoes Baby Carrots, Shredded Cheese Crackers and Dressing w/Choice of Milk & Juice	<b>Baked Potatoes w/Butter &amp; Sour Cream \$3.00 each Fruit Salads \$3.00</b>	Choice of Ham, Turkey or Peanut Butter & Jelly Sandwich Bag of Chips Cookie & Fruit w/Choice of Milk & Juice	Ala Carte Items Breakfast & Lunch Daily Prices Vary Big Selection of Items

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cereal & Toast or Waffle Sticks Diced Pears Milk or Juice	Cereal & Toast or Donuts Bananas Milk or Juice	Cereal & Toast or Biscuit & Sausage Diced Peaches Milk or Juice	Cereal & Toast or Breakfast Pizza Mixed Fruit Milk or Juice	Cereal & Toast or Scrambled Eggs w/Toast Pineapple Chunks Milk or Juice
Creamy Chicken & Noodles Green Peas Whole Wheat Roll Strawberries Milk or Juice	Chicken Cheese Quesadilla Refried Beans Tossed Sald w/Ranch Fresh Apples Milk or Juice	Beef Shepherd's Pie Whole Wheat Roll Cherry Crisp w/Topping Milk or Juice	Hot Dogs with or without Chili Tator Tots Pickle Spears Brownies Milk or Juice	PBJ Sandwich or Ham & Cheese Sandwich Chips Pickle Spears Chocolate Chip Cookie Milk or Juice
10	11	12	13	14
Cereal & Toast or French Toast Sticks Diced Pears Milk or Juice	Cereal & Toast or Cinnamon Rolls Applesauce Milk or Juice	Cereal & Toast or Biscuit & Sausage Diced Peaches Milk or Juice	Cereal & Toast or Breakfast Burrito Mixed Fruit Milk or Juice	Cereal & Toast or Biscuit & Gravy Pineapple Chunks Milk or Juice
BBQ Little Smokies French Fries Corn & Green Bean Casserole Milk or Juice	Chicken Nuggets Mashed Potatoes w/Gravy Black-eyed Peas Whole Wheat Roll Milk or Juice	Soft Tacos Lettuce & Cheese Cup Pinto Beans Milk or Juice	Hamburgers or Cheeseburgers French Fries Pickle Slices Rice Krispie Treat Milk or Juice	PBJ Sandwich or Turkey & Cheese Sandwich Chips Pickle Spears Sugar Cookies Milk or Juice
17	18	19	20	21
Cereal & Toast or Pancake on a Stick Diced Pears Milk or Juice	Cereal & Toast or Donuts Bananas Milk or Juice	Cereal & Toast or Biscuit & Sausage Diced Peaches Milk or Juice	NO SCHOOL FALL BREAK	NO SCHOOL FALL BREAK
Nachos w/Ground Beef Corn Fresh Oranges Milk or Juice	BBQ Chicken Corn on the Cob Whole Wheat Roll Diced Peaches Milk or Juice	Toasted Ham & Cheese Sandwich Chips Pickle Spears Chocolate Chip Cookie Milk or Juice		
24	25	26	27	28
Cereal & Toast or Waffle Sticks Diced Pears Milk or Juice	Cereal & Toast Cinnamon Rolls Applesauce Milk or Juice	Cereal & Toast Biscuit & Sausage Diced Peaches Milk or Juice	Cereal & Toast Breakfast Pizza Mixed Fruit Milk or Juice	NO SCHOOL PARENT TEACHER CONFERENCE
Chicken Tetrazini Green Beans Breadstick Milk or Juice	Steak Fingers Mashed Potatoes w/Gravy Whole Wheat Roll Mandarin Oranges w/Topping Milk or Juice	Burritos Tossed Salad w/Ranch Spanish Rice Milk or Juice	Hamburgers or Cheeseburgers Tator Tots Pickle Slices Sugar Cookie Milk or Juice	
31				
Cereal & Toast or French Toast Sticks Diced Pears Milk or Juice				
Comdogs French Fries Baked Beans Milk or Juice				

Menu is subject to change.

Questions? Please call the Child Nutrition Office at (580) 225-1326.

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